

Corpus Christi Chatter

13-21 Widford Street, Glenroy, 3046

Telephone: 9306 3062

Fax: 9306 2227

Email: principal@ccglenroy.catholic.edu.au

Chatter No. 1. Friday 1st February 2019

Dear Families and Friends.

We joyfully welcome all new and returning families and staff to our school community and look forward to working cooperatively throughout the 2019 school year. Thank you to all children, staff and parents for your wonderful start to the school year.

Congratulations to our Year 6 Leaders, Jacob Tuomy, Nayomi Goonaratne, Tatiana Issa, Antonia Zagolin, Princess Lumagbas, Sanuka Da Silva, Rylan Au and Tessa Shelly who will work with Miss Sky and Year Level SRC representatives. F/1 Alexandra Voulgaris, Jake Maiorano, 2/3 Mishelle Adeyemi, Ezekail Macalalad, 4/5 Tahlia Rodden, Majesty

Thanks to our Uniform Shop Coordinators (Rita, Maggie, Tina and Alli) for their great efforts in the beginning of year opening this week. Much appreciated.

Special thanks to Glenda D'Elton and Mary Demetriou for preparing our school administration for the new year. Special thank you to all teaching and support staff for their time and efforts in preparing for the school year. Thank you to Dan Keirs, Pasquale Torcasio and Keith Hoy for preparing the school environs for the commencement of the school year. Their efforts are greatly appreciated.

Wishing everyone a successful and enjoyable 2019.

EXTEND BEFORE SCHOOL / AFTERSCHOOL CARE

Children should not be at school prior to 8.30am when Yard Supervision commences.

With BEFORE /AFTER SCHOOL CARE we request families enrol in Before or After School Care if arriving at school before 8.30am or requiring supervision after 3.45pm. Your cooperation is greatly appreciated. If parents have any concerns please feel free to contact Mr Lucardie.

PARENTS ASSOCIATION MEETING

TBA, 9.30 in the Café. All welcome.

Focus planning social activities and fundraising for 2019.

TERM ONE LIBRARY & P.E. TIMETABLE

LIBRARY

- Tuesday - F/1MP, F/1NG, F/1DD, 6MS, 4/5PS - Wednesday - 2/3CW, 2/3SA, 2/3GB, 4/5,MJ, 4/5SR, 6AJ

- F/1DD, F/1MP, F/1NG, 4/5PS, 6AJ PHYS ED

- Wednesday - 2/3GB, 2/3CW, 2/3SA, 6MS, 4/5MJ, 4/5SR

(Library Borrowing bag is needed for Library lessons. Sport Uniform is to be worn on your allocated day above)

Deepest sympathies to Archida Rahul Varma (4/5SR) and family on the sad passing of Archida's beloved Grandfather. In our thoughts and prayers during this time of great sadness.

Thank you to all families who have paid Tuition Fees (\$325 per child) (includes swimming levy) as required on day one of the school year.

If you have not paid Tuition Fees that were due on Wednesday 30th January 2019 your assistance in doing so would be greatly appreciated.

Families who have had payment arrangements in previous years are or experiencing financial difficulties reminded that they must still contact the School Office to review or re-validate their arrangements.

> \$325 (\$225 plus \$105 Swimming Levy) per child \$825 per family

Year 5/6 Camp will be held at Oasis Camp Mt Evelyn in May Cost \$250 per child.

Please note that as swimming is now a compulsory requirement of the government for all schools, swimming costs have been included in our Tuition Fee. Swimming is no longer a separate fee. Healthcare Card holders are eligible to apply for the CSEF allowance (currently \$125) which is deducted from Tuition Fee.

We have restructured our payment schedule to enable families to budget for fee payments. Eg. Tuition Fee Week One of Term One, First Family Fee instalment commencement of Term 2 Second Instalment commencement of Term 3, Third Instalment commencement of Term 4.

TERM 1 2019 SCHOOL **CLOSURE DAY Monday 25th February Staff Professional**

Learning - Focus Mathematics (Numeracy)

GRADE 5/6 SCHOOL CAMP

Wednesday 8th - Friday 10th May

Children in Year 5/6 will attend Oasis Camp Mt Evelyn Cost of \$250.00.

If experiencing any financial constraints regarding Camp please contact Mr Lucardie.

Details of Camp will be sent out via the classroom.

Please contact Mr Lucardie if you encounter any difficulties regarding your child going to Camp.

Thank you.

SCHOOL FEES

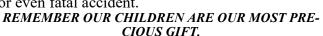
ROAD SAFETY

Children should always enter the car from the **safety of the curb using the passenger side door**. Children should not walk onto the road to enter the car. Please ensure that children wear seatbelts at all times.

PLEASE do not DOUBLE Park when collecting dropping off children.

A reminder to parents that parents and children should use the crossing in Cromwell St rather than walk out from between parked cars. Your cooperation is greatly appreciated.

Your assistance in ensuring your children follow correct safety procedures will help avoid a serious or even fatal accident.



Thank you to all families for you cooperation with using the Cromwell St Crossing or crossing at the corner of Melbourne Ave and Cromwell St. Much appreciated.

MORELAND Council Parking Officers have been patrolling the area around our school issuing Parking infringement notices.

SUNCARE POLICY - NO HAT! NO PLAY!!

All children are to wear our Corpus Christi Sun Hat for protection from the sun when involved in any outdoor activities (eg sport, games, play/lunch time) Children without the school sunhat will be required to remain under the shade of the covered ways. Sun hats are available from the Parents' Association Uniform Shop.

Children are advised to apply sunscreen as well. Sunglasses are rec-

SEVERE FOOD ALLERGIES

We have a number of children who have life threatening food allergies. We ask all parents to discuss with their children correct disposal of uneaten lunches, not to share food with other children and to practise good hygiene habits (ie. washing hands before and after eating).

PLAYGROUP -

Our wonderful Corpus Christi Community Playgroup will be once again held on Fridays and will begin Friday 8th February.

It will be held in the Special Project Area 9.00am to 11.00am.

We welcome back Michelle Hoy as our Play Group Coordinator. New families always welcome. Just bring a piece of fruit to share.

TERM ONE EVENTS

Sunday 10th February 10.00am Whole School Parish Mass Staff Commissioning Mass. All families welcome

Thursday 7th February

2.00pm Parents' Association Meeting

Monday 18th February

Parent-Teacher Meet and Greet Interviews -details to follow.

Tuesday 19th February

Parent-Teacher Meet and Greet Interviews—details to follow

Monday 25th February

Staff Professional Learning -Mathematics
School Closure Day
Children DO NOT attend school.

Thursday 28th February

7.00pm Year 3 Sacrament of PENANCE (Reconciliation) Parent Information evening

Tuesday 5th March

5.00-7.000pm F/1 Pancake Tuesday Family Picnic Evening

Wednesday 6th March

10.00am ASH WEDNESAY Mass 7.30PM Year 6 Health and Human Development Family Evening

Monday 11th March LABOUR DAY Holiday

Sunday 19th - Sunday 17th March Catholic Education Week

Mass for Schools in St Patrick's Cathedral **Friday 15th March at 10 am**

Thursday 28th March

7.00pm Year 3 Sacrament of Penance

Friday 5th April 12.30pm End of Term

TERM TWO

Easter Monday 21st April -Holiday

Term Two starts
Tuesday 23rd April

Thursday 25th April

ANZAC Day Holiday SCHOOL PHOTOS Wednesday 1st May



5/6 CAMP

Wednesday -May 8th - Friday 10th May

Yr 3 and Yr 5 NAPLAN

Tuesday 14th - Thursday 16th May

"NO SHOW-LET US KNOW!"

In light of Victorian Government attendance guideline requirements, following an incident at a school late 2017 year of a child hiding in their parent's car all day, unbeknown to the parent, resulting in serious heat related injuries, we are continuing our current practice of contacting parents to ensure the safe arrival at school of all children, especially those children who walk or ride to school without adult supervision.

If your child is absent from school we request you inform our School Office of their non-attendance by **9.00am** on the day of absence using the following methods

Email Child's name and class to:

away@ccglenroy.catholic.edu.au

OR

Contact School Office 9306 3062 / 9306 3322

If your child is marked as absent on the daily roll and we have not been notified, we will contact families to ensure that children are still at home. Your assistance will ensure we don't need to make time consuming or unnecessary phone calls.

Children arriving after 9.00am must report to the School Office to obtain a late pass and have their attendance adjusted from absent to present.

Thank you for your continued support and assistance.

PLEASE ensure all current contact details are up to date.

Home address,
Email addresses,
Home Phone Number,
Work Phone Numbers,
Mobile Phone Numbers

YEAR SEVEN 2021 ENROLMENT CLOSING DATE (Year 5 students)

Year 5 children enrolling for Year 7 Catholic Secondary School (eg Penola Catholic College in 2021) must have enrolment forms returned to their relevant secondary school by Friday 23rd August 2019.

CANTEEN re-opens for playtime snacks and lunch orders on Tuesday 5th February.

Thanks to Anita, Tien and Nancy, for managing the Canteen.

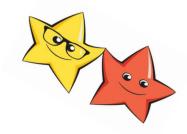
If interested in volunteering please contact Mr Lucardie.

(Working with children' check required).

Canteen operates, Tuesday, Wednesday, Thursday, Friday.



Wishing everyone a successful and enjoyable 2019.







2019 STAFF

Level F/1 DD Mrs Deborah D'Aprano
Level F/1 MP Mrs Maria Pringipas
Level F/1 NG Miss Natalie Galletta

Level 2/3SA Mrs Susan Arians/Miss Rachel Gravenall

Level 2/GB Mrs Georgina Biondi/ Mrs Catherine Johnson (Friday)
Level 2/3CW Mrs Claie Waldron /(Mrs Heather Harrison (Thursday)

Level 4/5MJ Mrs Margaret James
Level 4/5PS Mr Patrick Sherlock
Level 4/5SR Mrs Simone Robson
Level 6 AJ Mr Andrew Jones
Level 6 MS Mrs Michelle Smith

Principal: Mr Stephen Lucardie

Deputy Principal /Numeracy Leader: Mrs Rina Polastri

Religious Education Leader: Mrs Georgina Biondi/ Mr Patrick Sherlock

Learning and Teaching Leader: Mrs Tamara Moravski Information Technology Leader: Mrs Tamara Moravski

Well Being Leader: Miss Simone Sky
Literacy Leader: Mrs Emma Hinss

Family Learning Engagement Leader Mrs Claire Waldron

Panding Panayary:

Mrs Maraia Frayno

Reading Recovery:Mrs Mercia FrayneMaths Intervention:Mrs Susan AriansItalian:Mrs Sandra LucardieLibrary:Mrs Catherine Johnson

Physical Education:

Performing Arts:

Ms Heather Harrison
Miss Simone Sky

Classroom Release/ EAL Support: Mrs Lia Marra

Administration Officers: Mrs Glenda D'Elton, Mrs Mary Demetriou

Learning Support Officers: Mrs Fil Mifsud, Mrs Baan Petros, Mrs Geeta Satish

Mrs Maria Romagnano, Mrs Antionette Di Giovanni, Ms Melissa Di Biase, Miss Natalie Jones, Ms Tacey Dickson

Miss Stephanie Arians, Mrs Jo Madden, Mrs Geeta Thapa

Maintenance: Mr Dan Keirs / Mr Keith Hoy

Teaching Staff email addresses are Initial surname@ccglenroy.catholic.edu.au

Eg Stephen Lucardie slucardie@ccglenroy.catholic.edu.au

TERM ONE PARENT TEACHER MEETINGS

Monday 18th February 3.45pm-7.30pm and Tuesday 19th February 3.45pm-5.30pm

TERM ONE PARENT TEACHER MEETINGS in February are scheduled for

Monday 18th February 3.45pm-7.30pm and Tuesday 19th February 3.45pm-5.30pm so that teachers can get to know the students and families.

Online Booking Appointment open on Tuesday 5th February. Please complete online as soon as possible. If you require assistance Mrs Waldron (Family Community Learning Engagement Leader) will be available in the Community Room on Thursday afternoons between 2.00-3.30pm

The teachers will be interested in information that will assist them to best support your child/children.

Please spend some time prior to the meeting thinking about these...

- Family cultural background/languages spoken at home
- Family composition
- Your child's interests and activities
- Health issues
- Your child's strengths and challenges as a learner
- Goals you have for your children
- Your child's friends
- Television and Internet habits and access
- Homework habits

There will be an information sharing sessions scheduled for later in the term where teachers, in Year levels, will present information to parents about the exciting learning year planned for 2019.

Online booking opens Tuesday 5th February 2019.



Staff Commissioning Mass Sunday 10th February at 10.00am Parish Mass. All welcome.

ASH WEDNESDAY MASS 6th March

Ash Wednesday Mass will be celebrated **on Wednesday 6th March 2019 at 10.00am.** All families are welcome to join us in this celebration of the commencement of the Lenten/Easter period.

EASTER 2019

Holy Thursday 17th April Good Friday 18th April Easter Sunday 20th April Easter Monday 21st April

2019 Sacramental Dates

EUCHARIST (YEAR 4)

The Sacrament of Eucharist (First Communion) will be held on the Feast of Corpus Christi Sunday 23rd June at 10am Mass.

Eucharist Parent Meeting: Tuesday 28th May at 7.00pm

PENANCE (RECONCILIATION) (YEAR 3)

Sacrament of Penance
Thursday 28th March at 7.00pm
at Corpus Christi Church.

Year 3 Sacrament of Penance (Reconciliation) <u>Parent Meeting</u>: Thursday 28th February at 7.00pm

The \$20 Sacrament fee (Year 4) is included in your School account.

CONFIRMATION will be held bi-annually in Year 5-6.

Next Confirmation celebration will be in 2020

Attention all family members of Corpus Christi



of Year Family Mass and Staff Commitment Mass Date: Sunday 10th February 10:00am @ Corpus Christi

All members of the Corpus Christi Community are warmly invited to help celebrate the start of the new school year. All staff will be officially presented to Corpus Christi parish. We all hope to see you there.

COMMUNICATION

Our school newsletter, "The Corpus Christi Chatter" is distributed via email on a fort-nightly basis. Please read the "Chatter" to ensure you are aware of school happenings and events. If you are not receiving your "Chatter" please contact the Office to ensure we have correct email details.

Please regularly check school bags for notes.

To access the Chatter online go to:

www.ccglenroy.catholic.edu.au click News and Events



WORKING WITH CHILDREN CHECKS

If you work or volunteer with children you will need to apply for a WWC Check. Employers, volunteer organisations and agencies must ensure that any of their staff or volunteers who need a WWC Check have applied by the due date. This legislation requires we apply for a "Working With Children Check" for all non-teaching staff and all parent helpers (Eg. Canteen, Uniform Shop, Parents' Association, Classroom Helpers, Swimming Program, Sports programs, PMP helpers).

All volunteers are able to apply for a FREE Working With Children Check Please see Mr Lucardie to obtain relevant information. Thank you.

SECURITY — FENCE

We request that parents do not talk to their children from outside our boundary fence as we are trying to educate our children not to talk to passer-by's outside the fence. If parents wish to talk to their children they are most welcome to sign in via the Office. All visitors to our school are required to obtain a Visitors Pass from the Administration Office. Parents working in the classrooms, PMP program canteen and Uniform Shop must have a Working with Children Check Card which must be displayed in the Visitors Pass.

AFTER SCHOOL

Children waiting for collection after school must wait inside the school grounds so supervision can be provided. At 3.45pm all children must proceed to the Office area to await collection.

If children are walking home they should not linger in the playground but depart immediately and walk directly home.

BEFORE SCHOOL

Children should not be at school prior to 8.30am when Yard Supervision commences.

With the introduction of BEFORE SCHOOL CARE we will be requesting families enrol in Before School Care if arriving at school before 8.30am. Your cooperation is greatly appreciated.

If parents have any concerns please feel free to contact Mr Lucardie.

Thank you to all families and staff for your continued support and cooperation.

RECESS & LUNCH TIME PICK UP

If you need to pick your child up between 11.00am—11.30am or 1.00pm—2.00pm for an appointment or family matter could you please do so before or after these times as children are difficult to locate in the yard and classrooms are locked and bags are inaccessible.

SKATEBOARDS /BIKES/SCOOTERs

A number of children use skateboards, scooters or bikes to travel to school. We request skateboard/scooter, bike users wear a helmet and appropriate safety gear (eg knee pads/elbow/wrist supports).

Children should not ride their skateboards /scooters or bikes in our school grounds.

Community Board

The Community Board is located beside the entrance to the First Aid Room. Please check weekly for fun and exciting events happening in our local area.

Currently on the board is information on:

DAILY LITERACY / NUMERACY BLOCK



(One hour reading/one hour writing) One Hour Numeracy. To enable us to implement the literacy/numeracy blocks effectively, we need to commence teaching at 9.00am. We need families assistance to be at school by 8.50am so children can unpack school bags, place lunch orders, return notes and be marked on the attendance roll. Teachers and children will be in classrooms from 8.58am to enable administrative tasks to be completed prior to 9.00am. The music/bell will commence at 8.58am indicating all children should be in line ready. Late arrivals cause disruptions to the learning of other children, also the child who has missed

the introduction to the lesson. Your assistance in ensuring punctuality will be greatly appreciated. Thank you for contributing to the learning success of the children. We will be conducting Parent Workshops later this term to assist parents developing their child's Literacy at home. Details will be sent home once dates and times are finalised.

FOUNDATION, YEAR ONE and TWO LITERACY/NUMERACY ASSESSMENT

Throughout Term One all Foundation, Year One and Two Children will be individually assessed in the area of Literacy (Reading)/Numeracy. The results of this testing will assist us in developing programs to meet the children's needs. Results are also forwarded to the Catholic Education Office for analysis. Each battery of tests takes approximately one hour to administer. This is a large task for all teachers to complete and I thank them for their time and efforts

ELECTRONIC ROLL - PUNCTUALITY/ LATE ARRIVALS

Staff are using electronic rolls to record student attendance.

This enables staff to monitor student attendance and punctuality. Mid-year and end of year reports will record absences, late arrivals and early dismissals.

A reminder that children should be at school by **8.50am** to ensure a smooth start to the school day.

Students arriving after **9.00am** will be recorded as late arrivals.

School gates will be closed at 9.00am. After 9.00am students must report to the school office to receive a LATE ARRIVAL PASS and have their roll adjusted from absent to late arrival.

It is extremely important that children are on time, as late arrivals can cause delays to the commencement of lesson



Back to School 2019– Tips for Parents and Carers

A significant 'spike' in asthma symptoms, and subsequent hospital admissions of children occurs during the first few weeks of Term 1. While there have not been direct links established, the February 'asthma spike' is believed to be largely due to children coming into contact with triggers that they have had time away from now that they have returned to school.

What can parents and carers do to help their children avoid asthma exacerbations at school?

Ensure that your child is always carrying their reliever medication (eg. Ventolin, Asmol, Airomir or Bricanyl) as well as a spacer. Also ensure that you provide medication to the school or preschool that your child attends if required

Ensure that you have provided the school or preschool with an updated Asthma Action Plan that has been signed by a medical practitioner

Ensure that your child knows how to recognise early asthma symptoms, and can self-administer their reliever medication properly

Encourage your child to seek assistance from school/preschool staff if they experience asthma symptoms

For further information, please contact the Asthma Foundation of Victoria on 1800 645 130 or email

schools@asthma.org.au

CORPUS CHRISTI PARENTS ASSOCIATION MEETING

The Parents' Association plays an important role in providing social, fundraising and recreational activities for our school. Without the Parents' Association annual contribution to our budget, an increase in school fees could result to cover the financial shortfall.

Thank you to our wonderful Parents' Association for your tireless efforts. Much appreciated.

The Annual General meeting of our Corpus Christi Parents' Association will take place on

Thursday 7th February commencing at 2.00pm in the Café

Agenda:

Planning social and fundraising activities for 2019.

Hope to see new and familiar faces at the next meeting. Thank you.

PARENTS' ASSOCIATION UNIFORM SHOP

The Parents' Association Uniform Shop will be open Wednesdays (8.45am-9.15am) and Fridays (3.15-3.45pm) only. Located in Uniform Shop near Atrium Entrance from the Big Yard.

Please ensure your child is in correct uniform at all times. Runners should only be worn on your child's sports day unless otherwise notified. If your child is out of uniform a note explaining the reason would be appreciated. Please ensure ALL items of clothing and personal belongings are clearly labelled.

Lost	property	will be	situated	inside	the Atrium.	

REMINDER "Runners" are not part of our daily school uniform. Black school shoes should be worn on non-sports days. Please ensure your child has correct black shoes. If your child is out of school uniform a note is required.

PARENTS' ASSOCIATION CANTEEN

Children must bring their lunch orders to school in a bag clearly labelled with their NAME, CLASS, and ORDER and place it in their classroom lunch basket before 9.30am. Children are not permitted to place lunch orders over the counter. Children SHOULD NOT carry large amounts of money to purchase items at the Canteen.



NO CREDIT is permitted at the Canteen.

Volunteers are needed to assist with the Canteen. If you have any spare time or can help on a regular basis please let Mr Lucardie know (Working With Childrens' check required) and drop into the Canteen and meet Anita, Tien or Nancy to organise a time to help.

PLAYGROUND EQUIPMENT

For safety and supervision reasons, children are not permitted to play on the playground equipment before or after school. Your support and cooperation is greatly appreciated.

ABSENT NOTES

It is a requirement that if a child is absent for any reason, a note should be sent to the child's class teacher explaining the reason for their absence. These notes are retained on file for legal requirements.

VALUABLE ITEMS

A reminder that children should not bring valuable items (monetary or sentimental value) to school as items may be damaged, misplaced, lost or taken. Children should not bring large amounts of money to spend at the school Canteen as this can also go missing.

CHILDREN'S MOBILE PHONES

We understand the need for parents and children to contact each other before or after school hours in emergency situations.

We request that if children require a mobile phone at school that Mr Lucardie be advised in writing and that the children check the phone (clearly labelled with their name and class) in at the School Office for safe keeping.

Phones should not be kept in school bags or classrooms as they can be lost or stolen.

Children are not permitted to use mobile phones to make or receive phone call during school hours.

Some children have been found playing with them at recess and lunchtime.

Children should be made aware that they must be responsible in using their phones at all time.

2019 Extend BEFORE and After School Care

ONLINE BOOKINGS: extend.com.au CALL OUR OFFICE: 1300 366 437

Welcome back!

We hope you have had a fantastic summer holiday and are looking forward to what exciting possibilities 2019 holds. We are looking forward to seeing lots of familiar faces at **BEFORE** and After School Care and to welcoming lots of new faces as well. Please pop in and say Hi!

Extend OSHC at Corpus Christi Primary School
New Families – Enrol in BEFORE and AFTER SCHOOL CARE

Enrol online – allow 24 hours

Enrolling is quick and easy! Simply set up your own account online via the Parent Portal. Please note it is government regulation that all children must be enrolled BEFORE attending an Extend service. For information on operating hours and fees for your school, visit your After School Care venue or school website.

Enrol now, pay later

The annual enrolment fee per family of \$20 is NOT payable until you first use the service. So why not enrol now so you can access the service later? It doesn't matter if you don't end up using the service, because you won't be charged.

Watch this space throughout the term for regular updates from our Extend team!

PARENT PORTAL: extend.com.au

STEPHEN LUCARDIE PRINCIPAL



2019 TERM DATES

TERM 1

Wednesday 3 January–Wednesday 5th April

TERM 2 -

Tuesday 23rd April-Friday 28 June

TERM 3 -

Monday 15 July–Friday 20 September

TERM 4 -

Monday 7th October-Friday 20th December

PARENT INVOLVEMENT AND COMMUNICATION WITH OUR SCHOOL.

- 1. Involvement in school events such as parent-teacher interviews, participation in the Parents and Friends Association and support of the Canteen, for example, keeps you in touch with the life of our school and shows your children how interested in them and the school you are.
 - As soon as possible it is a good idea to start communication with your child's teachers.
 - Find out the best way to keep in touch, a quick phone call or weekly emails so that you become quickly aware of any concerns or issues that arise.
- 2. Set up a copy of the school calendar in a prominent position at home (the fridge in the kitchen!). mark im portant dates and events such as interview days, non-school days, term breaks, and school camps. Refer to it regularly.
- 3. Make sure your child is at school every day possible "there is no substitute for attendance".
- 4. Send your child to school each day in full and appropriate school uniform, well groomed. Pride in the school uniform and in how one presents to others.
- 5. Lay some ground rules for the year: a time for bed each school night, a time to rise each morning, mobile phone and computer usage times (these should not be in a child's room at night leave them in the kitch en!).
 - Set the alarm clock and have a set time for meals. This gives children routine.
- 6. Encourage and support your child in getting involved in the full life of school Encourage them to try out for the sports teams, .help prepare class and school prayers and liturgies, raise funds for the many and varied charities the school supports such as St Vincent de Paul.
- 7. Designate a time and place for your child to do homework routine is essential for children.
- 8. Find time each day to talk with your child about their day it shows you care and listen to them. This is important for self esteem and self confidence.
- 9. Make sure that your child is in good physical and mental health. Schedule doctor and dental check-ups ear ly in the year and outside school time.
 - This way you may be able to identify any issues early and address them before they start to effect school performance.
- 10. Prepare nutritious meals for breakfast, lunch at school, after school snacks as well as the evening meal.

 Nutrition is such a strong key for your child's ability to concentrate during the day good nutrition gives them brain power!

Maximising student learning so that your children acquire new knowledge, skills, attitudes, values and beliefs throughout 2019.

