



## Corpus Christi Chatter

13-21 Widford Street, Glenroy, 3046

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Chatter No. 11 Friday 15th July 2022

**Dear Families, Friends and Staff,**

**Welcome back to Term 3!**

**Wishing everyone a successful and enjoyable learning term.**

Term Three sees our eligible Year 4 children preparing for and receiving the Sacraments of Penance (Reconciliation) and Eucharist.

Fr Giang will celebrate masses on Thursday afternoon at 2.30pm with Year Levels in the Church throughout the Term.

My best wishes go out to members of our school community and staff who have tested positive, had the Flu or been unwell or sick during the school holidays.

Wishing you a speedy recovery.

Thank you to our front line health workers (especially our school parents who are nurses, doctors, hospital orderlies, aged care workers, disability workers, cleaners, hospital cooks, emergency services, first responders) for your tireless and selfless work.

You are truly heroic and inspirational!!

The Victoria Government will issue three packs of RATS per child throughout Term Three and again in Term 4. These will be distributed throughout term.

PLEASE continue to conduct Rapid Antigen Testing if displaying symptoms or a close contact. Additional kits available on request if deemed a household contact and you are required to test 5 out of 7 days. Report positive RATS to school.

As we return to school a new wave of Omicron variant is threatening our schools and wider community. Please practise responsible COVID safe behaviours to protect each other and especially the vulnerable members of our community.

MASK wearing in closed spaces is still strongly recommended.

Many of our staff and children have continued to wear masks even when no longer mandated. Thank you!!

Medical experts strongly recommended mask wearing for asthmatics, chronic obstructive pulmonary disease (COPD) or those with other lung disease.

Continue to Hand Sanitize.

Physical distance where possible.

**If feeling unwell, stay home. Conduct Rapid Antigen Testing**

**DO NOT send SICK children to school, we will request you come and collect if displaying symptoms. Please protect our children and staff!**

Fingers crossed that together we can safely navigate Term 3.

**2022 School Closure Days CHILDREN DO NOT ATTEND SCHOOL**

**Term 3 Thursday 4th August (Staff Faith development with Fr Richard Leonard)**

**Term 4 Monday 31st October (Report Writing /Assessments)**

**Melbourne Archdiocese Catholic Schools (MACS) approved)**

### ACKNOWLEDGEMENT OF COUNTRY

**Corpus Christi Primary School acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.**

### TERM THREE EVENTS

**Thur 21st July 3/4 Level Mass**

**25<sup>th</sup>, 27<sup>th</sup> July, 2<sup>nd</sup> August  
Teeth on Wheels Onsite**

**Thur 28th July F-2 Level Mass**

Megamix Workshop– Mrs Vanessa  
and 30 selected students from  
Years 5-6

**Thursday 4th August  
(Staff Faith Development with  
Fr Richard Leonard)**

**Thursday 11th August  
Year 5/6 Hoop Time**

**Thursday 18th Aug  
Whole School Mass  
(Assumption)**

**Thur 25th Aug 5/6 Level Mass**

**Thur 8th Sept 3/4 Level Mass**

**Thur 15th Sept Whole School  
Mass**

**Wed 24th Aug 2.15  
Year 4 Sacrament of Penance  
(Reconciliation)**

**Sunday 28th Aug 2.00pm  
Year 4 Sacrament of Eucharist**

Monday 29th August  
Courage to Care-Upstander  
workshop for Years 5/6

Friday 2nd September  
Glenroy District PSSA Athletics

Friday 16th September  
End of Term Three 12.30pm  
Children finish

## STAFF LONG SERVICE /LEAVE 3

The following staff will be taking Long Service Leave during Term 3

### Term 3

Week 1 Mrs Michelle Smith 5/6MS (Monday 11th July-Friday 15th July)

Week 4 Mrs Antoinette Di Giovanni - Learning Support Officer 5/6MS (2nd Aug– 15th Sept)

Mrs Claire Waldron (3/4CW) Every Friday throughout Term 3. (Ms Heather Harrison will be teaching 3/4CW on Fridays)

### LEAVE DURING TERM 3

Mrs Maria Pringipas will be on Leave from Wednesday 3rd August until Friday 9th September

## ENTRY/EXIT GATE CHANGES TERM 3

**YR 2-6 CHILDREN CAN NOW ENTER/ EXIT BY GATE OF CHOICE (A, B OR C).**

**CHILDREN DO NOT ENTER/ EXIT FROM WIDFORD ST.**

**WE REQUEST F/I CHILDREN STILL ENTER/ EXIT GATE B.**

## 2023 INTENTIONS

Dear Parents/Guardians and Children,

To enable us to predict our enrolment figure for **2023** and assist us with planning class organization, it is important that we know your **intentions** for your family for **2023**.

A form was sent out next late Term 2 asking if you are

**RETURNING, NOT RETURNING, NOT SURE**

Would you kindly complete and return this form asap if you have not already done so.

Thanks to families who have returned. Greatly appreciated..



The poster features the Corpus Christi Glenroy logo at the top left. The main text reads 'ENROL NOW FOR 2023'. Below this, there are two circular images: one showing children playing in a garden area with logs and stones, and another showing children sitting on a large, colorful circular rug in a classroom. A yellow circle with the text 'Growing together in Wisdom & Grace' is overlaid on the bottom right of the garden image. At the bottom, there is a list of school features and a contact number.

**ENROL NOW FOR 2023**

Corpus Christi GLENROY

Growing together in Wisdom & Grace

- Developmental approach to learning
- Data driven teaching
- Student leaders/SRC
- Italian, Library, Sport and Performing Arts
- Social & Emotional Learning
- Before and after school hours program
- Contemporary natural playpace
- 1:1 technology for all student use
- Diverse wellbeing and parent education programs
- Private tuition available for music lessons
- Swimming program
- Extensive orientation and school readiness program for Foundation students
- STEM and STEAM incorporated into classroom learning

Contact the office on 9306 3062 to arrange a private tour.

13-21 Widford St, Glenroy | [www.ccglenroy.catholic.edu.au](http://www.ccglenroy.catholic.edu.au) | Office: 9306 3062

2022 Sacramental Dates

**CONFIRMATION** will be held on Sunday 6th November 2022 at 2.00pm for this year's Grade 5/6 children who wish to celebrate the Sacrament of Confirmation at Corpus Christi Parish. Mr Andrew Jones (Religious Education Leader) will coordinate the Sacrament of Confirmation.



**YEAR 4 EUCHARIST (2.00PM SUNDAY 28TH AUGUST)**

**YEAR 4 PENANCE (RECONCILIATION) (2.15pm WEDNESDAY 24th AUGUST)**

**Liturgical Celebrations and Faith Development Term 3**

**Thursday 14th July 5/6 Level Mass 2.15pm in Corpus Christi Church**

**Thursday 21st July 3/4 Level Mass 2.15pm in Corpus Christi Church**

**Thursday 28th July F-2 Level Mass 2.15pm in Corpus Christi Church**

**Thursday 4th August (Staff Faith Development with Fr Richard Leonard)  
(Children DO NOT attend school).**

**Thursday 18th August Whole School Mass (Assumption) 10.00am**

**Wednesday 24th August 2.15pm Year 4 Sacrament of Penance (Reconciliation)**

**Thursday 25th August 5/6 Level Mass 2.15pm in Corpus Christi Church**

**Sunday 28th August 2.00pm Year 4 Sacrament of Eucharist**

**Thursday 8th September 3/4 Level Mass 2.15pm in Corpus Christi Church**

**Thursday 15th September Whole School Mass 10.00am in Corpus Christi Church**



**Focus on children and staff well being.**

**Bring a smile and positivity to school.**

**Eat, sleep, exercise, hydrate**

**Practise mindfulness**

**Seek support /advice is feeling overwhelmed**

**Be conscious of the amount of children's screen time.**

**Be present and kind to each other.**

**Practise "Random acts of kindness"**

**Practise gratitude**

**Take time to pray**

**Spend time together as a family**

# ROAD SAFETY



Children should always enter the car from the **safety of the curb using the passenger side door.**

Children should not walk onto the road to enter the car. Please ensure that children wear seatbelts at all times.

**PLEASE do not DOUBLE Park when collecting or dropping off children.**

A reminder to parents that parents and children should use the crossing in Cromwell St rather than walk out from between parked cars. Your cooperation is greatly appreciated.

Your assistance in ensuring your children follow correct safety procedures will help avoid a serious or even fatal accident.

*REMEMBER OUR CHILDREN ARE OUR MOST  
PRECIOUS GIFT.*

**Thank you to all families for you cooperation with using the Cromwell St Crossing or crossing at the corner  
of Melbourne Ave and Cromwell St.  
Much appreciated.**

**MORELAND Council Parking Officers will patrol the  
area around our school issuing Parking Infringement notices.**

**2022 FEES** Term 2 Family Fee Payment is due now.

Families who have had payment arrangements in previous years or experiencing financial difficulties are reminded that they must still contact the School Office to **review or re-validate their arrangements under the MACS Concessional Fees**

**Healthcare Card holders are eligible to apply for the CSEF allowance (currently \$125) which is deducted from the Tuition Fee. Forms at Office. We will structure our payment schedule to enable families to budget for fee Payments.**

## “NO SHOW-LET US KNOW!”

If your child is absent from school we request you inform our School Office of their non-attendance by **9.00am** on the day of absence using the following methods

**Email Child's name and class and reason for absence to:**

**[away@ccglenroy.catholic.edu.au](mailto:away@ccglenroy.catholic.edu.au) OR Contact School Office 9306 3062**

If your child is marked as absent on the daily roll and we have not been notified, we will contact families to ensure that children are still at home. Your assistance will ensure we don't need to make time consuming or unnecessary phone calls.

**Children arriving after 9.00am must report to the School Office to obtain a late pass and have their attendance adjusted from absent to present.**

**Thank you for your continued support and assistance.**

**PLEASE ensure Home address, Email, Home Phone Number, Work Phone Numbers and Mobile Phone Numbers are up to date.**

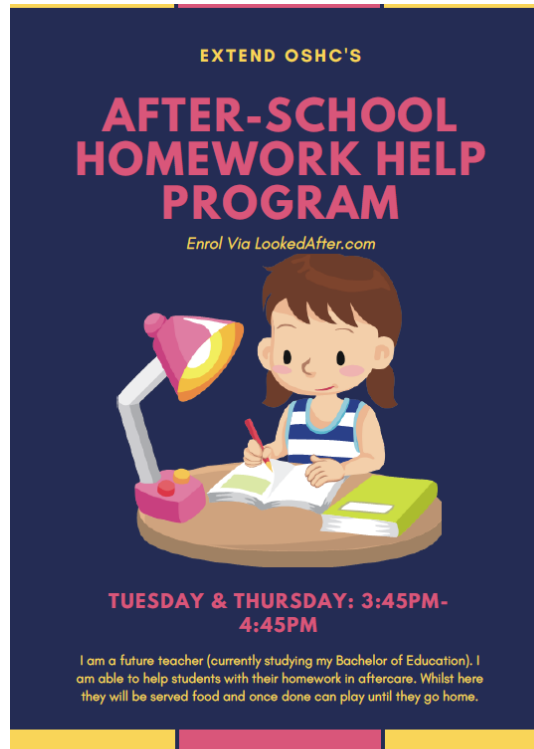
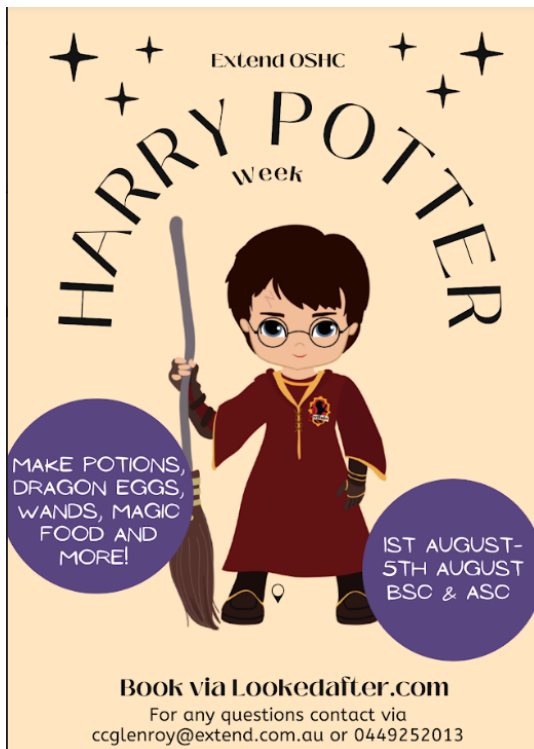
## SEVERE FOOD ALLERGIES

We have a number of children who have life threatening food allergies. We ask all parents to **discuss with their children correct disposal of uneaten lunches, not to share food with other children and to practise good hygiene habits (ie. washing hands before and after eating).**

## YEAR SEVEN 2024 ENROLMENT CLOSING DATE (Year 5 students)

Year 5 children enrolling for Year 7 Catholic Secondary School (eg Penola Catholic College in 2024) must have enrolment forms returned to their relevant secondary school by **August 2022. Enrolments now still open for Year 7 2023**





## 2022 After School Care

ONLINE BOOKINGS: [extend.com.au](https://extend.com.au) CALL OUR OFFICE: 1300 366 437

Extend OSHC at Corpus Christi Primary School  
New Families – Enrol in **AFTER SCHOOL CARE**

**Enrol online** – allow 24 hours

Enrolling is quick and easy! Simply set up your own account online via the Parent Portal. Please note it is

government regulation that all children must be enrolled BEFORE attending an Extend service. For information on operating hours and fees for your school, visit your After School Care venue or school website.



**Enrol now, pay later**

The annual enrolment fee per family of \$20 is NOT payable until you first use the service. So why not enrol now so you can access the service later? It doesn't matter if you don't end up using the service, because you won't be charged.

*Watch this space throughout the term for regular updates from our Extend team!*

**PARENT PORTAL:** [extend.com.au](https://extend.com.au)

**Children should not be at school prior to 8.30am when Yard Supervision commences.**

**With BEFORE and AFTER SCHOOL CARE we request families enrol in Before After School Care if requiring supervision before 8.30am and/or after 3.45pm.**

**Your cooperation is greatly appreciated.**

**If parents have any concerns please feel free to contact Mr Lucardie.**

STEPHEN LUCARDIE  
PRINCIPAL

*Stephen Lucardie*



### 2022 TERM DATES

#### TERM 3

Monday 11th July–Friday 16th September

#### TERM 4

Monday 3rd October–Tuesday 20th December



## EXTEND OUTSIDE SCHOOL HOURS CARE

**School is back and we can't wait for Term 3!**

Our safe, fun, educational programs and amazing educators will enrich your children's lives, support, and encourage your children's aspirations.

Enrolments are easy and free!

What are you waiting for? Secure your place today!

It only takes 10 minutes to enrol and 1 minute to book!

Visit [extend.com.au](http://extend.com.au) to enrol your children for free and book your sessions!

**BOOK 14 DAYS IN ADVANCE TO SECURE THE EARLY BIRD RATE!**



**Enquiries 1300 366 437**  
**Book online today**



## PLANNED ACTIVITIES:

- Snake and Caterpillars
- Victorian Dome Jars
- Arts of Recycling
- Knitting, Embroidery, Sewing and stitching.

**extend.com.au**



# How to Book with Extend

Go to [extend.lookedafter.com](https://extend.lookedafter.com). Create an account using your email and a strong password.

1



2

Enter your child's details, your card details, your centerlink details (if you have this). Make sure all details are correct and accurate.



3

On the lookedafter site search the school you need to enrol your child in. Favourite the school via the star icon. You can choose when you want to book your child in eg. only BSC, once a week, once a month, only when needed.



4

You will only be charged \$1 which is to check that the card is valid, it will be refunded automatically. Only once you book in for a session will you be charged.



5

Your child then attends the session you have booked in for when the day arrives. You can always pop by the OSHC room before the session for your child to see the room and meet the educator.



For any questions please contact either customer service via 1300 366 437 or contact the educator at [ccglenroy@extend.com.au](mailto:ccglenroy@extend.com.au) or 0449 252 013

We're building something great, join us and get a jump on 2023!



THE SAINTS  
SFFC

**Get involved in our family friendly junior football club and help build confidence and resilience in your child, no matter their ability.**

**At the Saints, we're focused on helping kids be the best they can be while keeping footy affordable and accessible to all.**

**GET READY NOW! Be ahead of the pack with pre-season training.**

- The Saints Junior Football Club would like to welcome all kids to training on Wednesdays at 5pm to get a headstart on the 2023 season. No financial commitment until 2023. Gain skills and secure your place in the team next season. Sign up before January 31 for Earlybird discounts for the 2023 season.

- Kids 7+ YEARS why not become a Saint - Training Wednesdays 5PM - 6PM @ Oak Park Sports & Aquatic Centre Ovals

- 5 - 6 YEARS - why not join Oak Park Central AUSKICK - Saturday Morning 9AM - 10:30AM @ Oak Park Sports & Aquatic Centre Ovals

- Contact us for more information [thesaints.sffc@gmail.com](mailto:thesaints.sffc@gmail.com)





Dear Year 3-4 Families,

Two and half years of COVID has placed demands on student wellbeing. We have been invited to participate in a trial program with Year 3-4 Students called Peaceful Kids which is aimed at developing or enhancing children's social emotional and wellbeing.

Places are limited up to 8 students.

Please contact Mr Lucardie if you are interested or have any questions.

Dear Parents,

Please find attached some information regarding the Peaceful Kids Program that your school has been invited to participate in term 3, 2022.

*If you would* like your child to be a part of the Peaceful Kids program please fill in the Permission Form and return it to school by Wednesday 20th July 2022

Kind regards

Elisa Brasher

Peaceful Kids Facilitator



# Peaceful Kids program

'Peaceful Kids' is a Mindfulness and Positive Psychology based program to lessen anxiety and stress and increase resilience in children. The program has been created to fulfil a need in schools to offer all children a developmentally appropriate program that gives children the skills, practice and support to utilize coping strategies that lessen the symptoms of anxiety and stress. The program also involves parental involvement and commitment to supporting the strategies at home.

## Outcomes of the Peaceful Kids program:

- ☑ Lessen symptoms of anxiety and stress in children
- ☑ Teaches children to self-calm
- ☑ Empowers children to manage their own anxiety and stress symptoms
- ☑ Builds emotional resilience
- ☑ Develops emotional intelligence skills
- ☑ Teaches children life-long skills to manage stress and prevent stress build up
- ☑ Supports children so they know that they are not alone with suffering from anxiety

## Peaceful Kids is based on evidence based therapies and research:

- ☑ Mindfulness Based Stress Reduction program (MBSR)
- ☑ Mindfulness-integrated Cognitive Behaviour Therapy (MiCBT)
- ☑ Positive Psychology
- ☑ Acceptance and Commitment Therapy

## Program structure:

- ☑ Peaceful Kids is a 8 week program for children
- ☑ Sessions are for approximately 1 hour each week.
- ☑ Sessions include learning a range of mindfulness strategies and meditations and positive psychology exercises.
- ☑ Children are guided through meditations daily online via the Peaceful Kids website: [peacefulkids.com.au](http://peacefulkids.com.au)

## Parental involvement:

- ☑ Parents will receive a weekly email highlighting the learning outcomes your child has learnt, the children learn a new mindfulness meditation and positive psychology strategy that they can share with you at home. It would be great to give your child the time to practice these strategies at home so they learn to incorporate these into their daily lives.

## Program Content

### Children learn about:

- ☑ Basic theory on Mindfulness and how it affects the brain and lessens stress and anxiety
- ☑ The different ways to practice Mindfulness and integrate it into their lives
- ☑ Their feelings and how this relates to anxiety and stress levels
- ☑ Understanding stress and how it relates personally to them
- ☑ Understanding triggers for stress and how to calm down when feeling stressed
- ☑ Physical symptoms of stress and learning to identify when they need to take time out to calm themselves
- ☑ Worrying and how it affects their happiness
- ☑ Different types of thinking that increase anxiety or lessen anxiety
- ☑ Noticing their own self-talk and how this affects worrying and stress levels
- ☑ Creating a balanced lifestyle including lots of chill out time and being in the flow

### Children learn life skills of:

- ☑ A range of Mindfulness meditations
- ☑ Positive psychology exercises
- ☑ Techniques to lessen worrying
- ☑ A variety of coping strategies
- ☑ A variety of problem solving strategies
- ☑ Journaling and expressing their worries
- ☑ Facing challenges and fears step by step
- ☑ Preventative strategies to help prevent stress build up
- ☑ Being attuned to their own bodies and minds
- ☑ Being in the flow more regularly and enjoying more of the present moment